



Retirement Planning

Whether you're just getting started or nearing retirement, it's important to save, invest and plan for your future retirement. Your retirement from work will shift your income from an employer-provided paycheck to your own retirement paycheck.

Understanding your estimated income from your savings and pension plans, Social Security, other personal income and retiree medical expenses helps you envision your potential total retirement income. Review the Overview, Planning and At Retirement sections for each of the areas below to help you learn more.

Savings	Pension	Social Security	Personal Income	Retiree Medical
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Total Retirement Income



Social Security Overview

Social Security is a federal program that provides benefits to retirees who have paid into the program and can provide additional income during retirement. Make sure you understand the basics of Social Security and consider your options carefully when electing benefits. Explore the following resources to learn more:

- **Planning:** Understand how Social Security works and how to estimate your payments at various ages.
- **At Retirement:** Learn how to begin your Social Security payments.

Contact Information

Visit the Social Security website for more information or to estimate your benefits

[Go There Now](#)