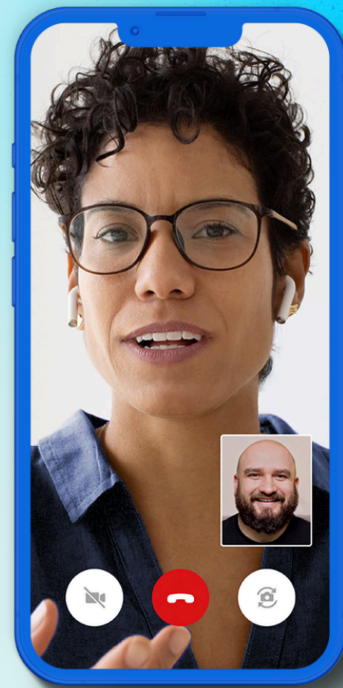


## Powerful, science-backed weight treatment starts here. Ready?

Vida's new doctor-supervised program can help individuals who qualify achieve a healthy weight. With personalized, step-by-step support, Vida offers the most affordable and effective treatments for healthy weight loss.

When you join Vida, you'll get a dedicated team with a coach, dietitian, and medical provider to give you the attention that significant weight loss deserves.



### Vida gives you all the tools you'll need for success:

- 1:1 video calls with dietitian, medical provider, and coach
- Dietitian-designed eating plan made just for you
- Lab orders when needed
- Smart weight scale
- Science-backed video content
- An assessment for weight loss medicine, if appropriate
- Support for healthy weight loss



### There's no one-size-fits-all way to manage your weight.

Vida meets you where you are and when it works with your schedule. No travel necessary. Vida is available at no cost to you.

Lab orders and any prescribed medications are covered in accordance with your health plan.

## Scan the QR code to get started

Or sign up at [vida.com/NorthropGrumman](https://vida.com/NorthropGrumman)

All U.S. based employees, spouses/domestic partners and dependents 18 and over enrolled in the Anthem medical plan as well as retirees who participated under the Livongo program immediately before its termination are eligible for Vida Health at no charge.

