



July 2024



Your Complimentary 1:1 Financial Consultation

Find answers to common questions about what to expect and how you can reap the benefits.

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Scroll Safe, Stay Safe

A closer look at the effects of social media on youth and five things you can do to help protect them.

[Read Now >>](#)



Preventive Care: Your Pathway to a Healthier Tomorrow

Learn how you can assess your health and take action to prevent chronic conditions.

[Read Now >>](#)



Thriving in a Multigenerational Workforce

Explore how you can help bridge the generational gap with Northrop Grumman's Generation 2 Generation Employee Resource Group.

[Read Now >>](#)



WEBINAR SPOTLIGHT

July 23 • Noon and 3 p.m. ET
Fitness Demo

[Register Now >>](#)

July 30 • Noon ET
Winning with Your Well-being Numbers

[Register Now >>](#)

View full list of [Total Rewards webinars](#) to support your well-being.

Special Announcements



There's still time to earn \$500! Remember to complete the [Well-being Incentive Program](#) requirements by Sept. 30.

DID YOU KNOW?

Your personalized Total Rewards Statement shows the complete value of your overall compensation and benefits package from Northrop Grumman.

Access it at any time through the [Total Rewards Gateway](#).



Send us your feedback and suggestions »

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Stay Healthy, Live Well and Thrive at Northrop Grumman