



CVS Caremark® is pleased to administer the prescription benefit portion of your Northrop Grumman health plan. **We want you to know about two important and cost-saving benefits the plan offers to help you manage your diabetes:**

### **1. No-Cost Blood Glucose Meter**

One of the best ways to manage diabetes is to regularly check your blood sugar with a blood glucose meter. **You may qualify for a no-cost OneTouch® blood glucose meter\* if you have a valid prescription for OneTouch blood glucose test strips.**

If you qualify, you can choose one of these meters:

- OneTouch® Ultra®2
- OneTouch® UltraMini®
- OneTouch® Verio® IQ

If you don't already have a prescription for blood glucose test strips, we may be able to get one from your doctor. Just call us at **1-855-361-8565**.

**Please note:** Test strips will be subject to your plan's applicable copayments\*\* and annual deductible. Additional requirements or limitations may apply.

### **2. Diabetes Kit For One Copayment**

**Pay only one copayment for your diabetes medication and supplies. Please follow these steps when filling your prescriptions for diabetes medications and supplies:**

Order all of your supplies at the same time in 90-day quantities and fill at a CVS Pharmacy® or through the CVS Caremark Mail Service Pharmacy. Kits may include the following diabetes medications and supplies:

- Insulin or oral medication
- Alcohol wipes
- Blood glucose test strips
- Lancets and syringes

Blood glucose meters are provided and funded by LifeScan Inc. (OneTouch). Choice of meters is subject to change. You may be eligible for one no-cost blood glucose meter every 365 days.

\*\*Copayment, copay or coinsurance means the amount a plan member is required to pay for a prescription in accordance with a Plan, which may be a deductible, a percentage of the prescription price, a fixed amount or other charge, with the balance, if any, paid by a Plan.

This document contains references to brand-name prescription medications that are trademarks or registered trademarks of pharmaceutical manufacturers not affiliated with CVS Caremark.

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information



- If filling at CVS Pharmacy, make sure the pharmacist processes the insulin or oral diabetes medication first. If the insulin or oral diabetes medication is not processed first, the copayment will apply to the other supplies.
- If filling at CVS Caremark Mail Service Pharmacy, the pharmacists have been instructed to process the insulin or oral diabetes medication first.

Each time you refill all or part of the diabetes kit, you will pay another copayment. **The appropriate copayment will be based on the highest-cost diabetes medication.** The highest-cost medication will apply first, and any additional medications and supplies will be at no cost to you.

**Please note:** A diabetes medication (insulin or oral) must be included in the kit for the savings to apply. If only supplies are ordered, the appropriate copayment would apply for each item. Blood glucose meters are not included in the diabetes kits.

We hope these added benefits help make managing your diabetes a little easier.

**Questions?** Visit **Caremark.com** to learn more about your plan coverage, medication costs and options available to you. You can also call us at **1-855-361-8565**.

We appreciate the opportunity to help you better manage your health.

Sincerely,  
Your Customer Care Team

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