

100% Confidential | Independent from Employer or Health Plan | No Cost to Eligible Employees

ConsumerMedical is your Medical Ally for confidential, one-on-one support and expert guidance on any health concern you or your family may face.



Breast Cancer Awareness

Breast cancer is the most common female cancer in the United States, the second most common cause of cancer death in women (after lung cancer), and the leading cause of death in women ages 45 to 55.¹ Breast cancer occurs mainly in women, but men can get it, too. Although breast cancer screenings cannot prevent breast cancer, when found early, it can be easier to treat.

How ConsumerMedical Can Help

Whether you are going for your first mammogram or deciding about treatment after a recent diagnosis, going through breast cancer treatment, or are trying to stay well after treatment, turn to the experts. ConsumerMedical's team of doctors, nurses, and researchers offers personalized, one-on-one support to help you make medical decisions with confidence. Our program can help you:

- Get detailed information about early detection through testing
- Learn about the various risk factors
- Understand types of breast cancer and stages
- Confirm or understand a breast cancer diagnosis
- Find highly qualified specialists and top-rated hospitals
- Get a second opinion, in person or virtually
- Learn about all available treatment options and what to expect

Get more out of healthcare.

Watch our videos to learn how ConsumerMedical can help you navigate your healthcare journey.



▶ Click on thumbnail to launch the video

You can count on ConsumerMedical for reliable medical information, expert healthcare guidance, and compassionate support. If you are struggling to navigate your medical care during these uncertain times, call ConsumerMedical for one-on-one support and guidance – **at no cost to you.**

Contact ConsumerMedical

1-888-361-3944

Monday – Friday, 8:30 a.m. to 11:00 p.m. Eastern

myconsumermedical.com

To register, enter company name

MyMedicalAlly app

Download free from the App Store or Google Play

References:

Patient education: Breast cancer guide to diagnosis and treatment (Beyond the Basics; March 2019)

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